

Judd Robbins, M.A., M.S.
Expert Witness and Fitness Specialist
2305C Ashland St. #437, Ashland, OR 97520

www.juddrobbins.com
541-292-7777

Experience and Trainings

Engaged as an Expert Witness
130+ times since 1986

Author of **Expert Witness Training**, 2010
Co-Author of **Pilates Evolution**, 2012

President, Presentation Dynamics LLC:
www.Presentation-Dynamics.net
Authorized publisher of Joseph Pilates'
two copyrighted fitness books, ***Your Health*** and
Return to Life through Contrology

Ashland YMCA (Oregon, 2006 - Present):
Fitness Instructor: Pilates, Yoga, Tai Chi,
Qigong, Falls Prevention, Strength, and Dance

Medford Superior Club (Oregon, 2001-2006):
Fitness Instructor: Pilates, Yoga & Self Defense

Incline Village Recreation Center:
Fitness instructor (Nevada,, 1993-2001)
Pilates, Yoga, strength and contour, stretch,
step, low impact aerobics, kickboxing and self
defense

PhysicalMind Institute (1993)
Certified Pilates' Method Instructor.
Trainings in Matwork and Apparatuses

YogaFit – Certified Yoga Instructor

Community Acupuncture + Natural Health
3 Phase Qigong Instructor - Ashland Oregon

Oregon Research Institute (2018)
Tai Chi: Moving for Better Balance:
Falls Prevention Trainer and Level 1 Instructor

American Council on Exercise (A.C.E.):
Certified Group Fitness Trainer with
Specialty Trainings in Fitness Yoga, Pilates,
Strength, Balance, Low Back Pain

Jujitsu America – Black Belt 1st Degree

Force Anti-Assault Survival Tactics
(F.A.S.T.) Level 3 Hand-to-Hand Combat
Certification

Reiki Master – Levels 1, 2 and 3

American Heart Association
Current CPR Certification
(Former CPR Instructor in California)

Racquetball Professional
Instructor/Player (Massachusetts)

Club Instructor in Low Impact Aerobics
(1980-1992): Massachusetts and California

Director and writer of central Internet
Website (www.JosephPilates.org)
for Pilates' Instructors, Studios, and Students

Participant in Competitive Sports:
Soccer, Tennis, Squash, Racquetball, Pickleball